



Connect well

Open Access Aetna SelectSM plan

Your choice of network doctors without referrals

Manage your benefits, connect to care, handle claims — from anywhere

The Aetna HealthSM app and your Aetna[®] member website are personalized, seamless and easy to use. Once you're a member, here's how you can connect:



Get the Aetna Health app by texting “GETAPP” to **90156** for a link to download the app and create an account. Message and data rates may apply.*



Go to **Aetna.com** to create an account and log in to your member website.

More ways to connect



Use our provider search tool

You can find doctors by name, specialty and location. You'll also find maps, directions and more. You can even look for doctors who speak your language. Visit **Aetna.com** to try it out.



You have our number — just call us

You can speak to Member Services anytime during regular business hours. Our representatives are here to help answer any questions you have about your plan. Just call the toll-free number on your ID card.

*Terms and conditions: [Bit.ly/2nIJFYG](https://bit.ly/2nIJFYG). Privacy policy: Aetna.com/legal-notices/privacy.html. By texting **90156**, you consent to receive a one-time marketing automated text message from Aetna with a link to download the Aetna Health app. Consent is not required to download the app. You can also download it from the App Store[®] or the Google Play[™] store.

For self-funded plans, coverage is offered by your employer and administrative services are provided by Aetna Life Insurance Company (Aetna).

A plan that lets you choose from quality network doctors

You can visit any doctor in our network — no referral needed

You may have to choose a primary care physician (PCP), though. To determine details like this, check your Summary of Benefits and Coverage document. PCPs do more than give you a checkup. They know your medical history, and they can help direct your care.

This plan also gives you access to tools, tips, programs and services. They can help you find network doctors, estimate costs and more.

Looking for your exact copay amounts? Let's walk through this plan and see what's covered.

All employer health plans are different. This booklet gives a general idea of how the Open Access Aetna Select plan works.

For details like copays and what's covered, check your Summary of Benefits and Coverage document. It should be in your enrollment kit. If you don't have it, ask your employer.

| Your options | Pick your doctor | How it works |
|-----------------------------|--|--|
| PCP option | Choose any PCP from our network. Again, choosing one may be necessary, but you might find it helpful to have one. You can change your PCP anytime. Just call Member Services at the number on your ID card. Or do it online through your member website. | Your PCP will: <ul style="list-style-type: none">• Give you checkups or treat you when you're sick or hurt• Get approval from us before giving you certain services• File claims for you With this option, you may pay less out of pocket. Your copay may be lower when you visit your PCP for care. A copay is a fixed amount you pay at the time of a visit. |
| Any network provider | Visit any network doctor or specialist without a referral. Network doctors contract with us to offer rates that are often lower than their regular fees. A specialist is a doctor who focuses only on treating certain conditions or diseases. For example, a dermatologist treats skin conditions. A cardiologist treats heart problems. | The network doctor or specialist will: <ul style="list-style-type: none">• Provide care• Get approval from us before giving you certain services• File claims for you Visiting any network doctor may cost more than visiting your PCP. And you may have a higher copay to visit specialists. |

You need to see network providers for this plan to cover and help pay for care.** Providers are professionals and facilities that provide health care services. Doctors, hospitals and labs are examples of providers.

In case of emergency, call **911 or your local emergency hotline, or go directly to an emergency care facility.

**We place you and your family first.
Get a plan with freedom of choice.**

Enroll in Open Access Aetna Select today.

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Visit **[Aetna.com/individuals-families/member-rights-resources/rights-disclosure-information.html](https://www.aetna.com/individuals-families/member-rights-resources/rights-disclosure-information.html)** to view or print your medical, dental or vision plan disclosures. Here, you can also find state requirements and information on the Women's Health and Cancer Rights Act.

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